

JCTR BASIC NEEDS BASKET

Lusaka

September 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	73.33	2	x 25 Kg	146.67
Beans	34.40	3	Kg	103.20
Kapenta (Dry)	188.00	2	Kg	376.00
Fish (Bream, Dry)	131.60	1	Kg	131.60
Beef	39.00	4	Kg	156.00
Dark Green Vegetables	7.50	4	Kg	30.00
Tomatoes	6.67	4	Kg	26.67
Onion	8.67	2	Kg	17.33
Cooking oil (2.5L)	44.90	3	Litres	53.88
Bread	7.63	1	Loaf/day	228.75
Sugar	25.17	3	x 2 Kg	75.50
Milk	6.83	4	x 500ml	27.33
Tea	83.60	1	Kg	83.60
Eggs	10.00	2	Units	20.00
Salt	8.33	1	Kg	8.33

Subtotal **ZMW 1,484.86**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	140.00	2	x 90 Kg bag(s)	280.00
Soap (Lifebuoy/Champion)	4.83	10	Tablet(s)	48.33
Wash soap (BOOM)	9.67	4	x 400g	38.67
Jelly (e.g. Vaseline)	20.50	1	x 500ml	20.50
Electricity (medium density)	292.00	1	x 1month	292.00
Water & Sanitation (med - fixed)	192.00	1	x 1month	192.00
Housing (3 bedroom)	3,000.00	1	x 1month	3,000.00

Subtotal **ZMW 3,871.50**

Total for Basic Needs Basket **ZMW 5,356.36**

Totals from previous months	Apr 17	May 17	June 17	July 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18	Sept 18
Amount (K)	4,973.03	4,952.69	4,958.52	4,859.35	4,928.37	4,883.57	4,869.47	4,924.54	4,957.47	5,229.14	5,385.42	5,574.81	5,433.04	5,369.49	5,247.99	5,256.29	5,402.31	5,356.36

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	145.00
Grades 10-12 (User + PTA/year)	975.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	15.00
Chelston - town	15.00
Matero - Town	12.00

Health

Item	Amount (ZMW)
Registration (book)	4.00
Self-referral (Emergency Fee)	4.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	13.70
Diesel (per litre)	11.40
Paraffin (per litre)	11.40

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN SEPTEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,356.36	3,059.28	2,948.71	2,940.57	4,804.16	2,658.17	3,711.80	2,894.37	3,199.40	3,888.15	4,025.37	4,584.28	4,227.01	3,984.16	3,643.25

This survey was conducted on 27th September, 2018 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The September Basic Needs Basket is approximately US\$487 based upon the exchange rate of K11 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.