

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

June 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	146.25 25 kg bag	2 x 25Kg	292.50
Rice	106.88 5kg	4kg	85.51
(Sweet) Potatoes	10.61 1 Kg	4 Kg	42.45
Beans	27.73 1kg	3kg	83.19
Pounded Groundnut	28.51 1kg	1kg	28.51
Soya Pieces	34.95 1 kg	2kg	69.89
Beef	34.88 1kg	2kg	69.75
Chicken	61.25 2kg	5kg	153.13
Kapenta	162.57 1kg	1kg	162.57
Eggs	13.79 1 unit (10 eggs)	3 Trays (90 eggs)	124.13
Milk (Fresh)	9.00 500 ml	10 liters	180.00
Vegetables	191.42 40 Kg	40kg	191.42
Onion	29.73 1 Kg	4 Kg	118.93
Tomatoes	4.86 1 kg	6 kg	29.17
Banana	10.70 1 Kg	16 Kg	171.23
Other Fruits	14.68 1 kg	14 Kg	205.56
Cooking oil (2.5lts)	85.00 2.5lt	3.6lt	122.40
Salt	8.50 1 Kg	1 Kg	8.50
SubTotal			ZMW 2,138.83

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	110.00 90kg bag(s)	2 90kg bag(s)	220.00
Soap (Lifebuoy/Champion)	10.00 Tablet(s)	3 Tablet(s)	30.00
Wash soap (BOOM)	14.00 400g	4 400g	56.00
Jelly (Vaseline)	21.50 500ml	1 500ml	21.50
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,000.00
Sanitary towels	17.00 Pack of 10	2 Pack of 10	34.00
Toilet Paper (2ply)	7.00 Tissue(s)	6 Tissue(s)	42.00
Lotion (Dawn)	23.75 250ml	1 250ml	23.75
Subtotal			ZMW 2,977.25

Total for Basic Needs and Nutrition Basket

ZMW 5,116.08

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	250.00	Manungu	30.00
Grades 10-12 (User + PTA/year)	350.00		

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	17.62
Malaria test	20.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,060.80	4,057.81	3,924.77	3,960.09	5,815.13	7,273.41	5,116.08	4,436.18	3,921.68	5,270.03	5,509.81	5,960.64	5,348.4847	5,054.65	6,106.22	5,037.03

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th June, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The June Basic Needs Basket is approximately US\$284 based upon the exchange rate Of K18.14. Other costs would include personal care, clothing, recreation, etc

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