

JCTR BASIC NEEDS BASKET

Lusaka

March 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	100.21	2	x 25 Kg	200.43
Beans	28.50	3	Kg	85.50
Kapenta (Dry)	178.67	2	Kg	357.33
Fish (Bream, Dry)	126.50	1	Kg	126.50
Beef	36.30	4	Kg	145.19
Dark Green Vegetables	12.60	4	Kg	50.40
Tomatoes	6.34	4	Kg	25.36
Onion	11.92	2	Kg	23.83
Cooking oil (2.5L)	48.70	3	Litres	58.44
Bread	12.50	1	Loaf/day	374.94
Sugar	27.00	3	x 2 Kg	80.99
Milk	7.83	4	x 500ml	31.31
Tea	70.50	1	Kg	70.50
Eggs	10.00	2	Units	20.00
Salt	6.43	1	Kg	6.43

Subtotal **ZMW 1,657.15**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	159.33	2	x 90 Kg bag(s)	318.67
Soap (Romeo)	8.07	3	Tablet(s)	24.21
Wash soap (BOOM)	8.93	4	x 400g	35.71
Jelly (e.g. Vaseline)	23.43	1	x 500ml	23.43
Electricity (medium density)	292.00	1	x 1month	292.00
Water & Sanitation (med - fixed)	192.00	1	x 1month	192.00
Housing (3 bedroom)	3,000.00	1	x 1month	3,000.00

Subtotal **ZMW 3,886.01**

Total for Basic Needs Basket **ZMW 5,543.16**

Totals from previous months	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18	Sept 18	Oct 18	Nov 18	Dec 18	Jan 19	Feb 19	Mar 19
Amount (K)	4,924.54	4,957.47	5,229.14	5,385.42	5,574.81	5,433.04	5,369.49	5,247.99	5,256.29	5,402.31	5,356.36	5,317.95	5,324.40	5,424.18	5,395.35	5,331.12	5,543.16

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	145.00
Grades 10-12 (User + PTA/year)	975.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	20.00
Chelston - town	20.00
Matero - Town	17.00

Health

Item	Amount (ZMW)
Registration (book)	4.00
Self-referral (Emergency Fee)	4.00
Mosquito net (private)	20.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	15.20
Diesel (per litre)	13.34
Paraffin (per litre)	11.34

D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,543.16	3,060.08	3,038.39	3,254.11	5,018.09	5,050.62	4,023.25	3,512.99	2,948.56	3,935.94	3,889.54	5,249.78	3,813.43	3,902.57	4,054.25

This survey was conducted on 27th March, 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The March Basic Needs Basket is approximately US\$462 based upon the exchange rate of K12 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc