

JCTR BASIC NEEDS BASKET

Lusaka

June 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	99.71	2	x 25 Kg	199.43
Beans	28.33	3	Kg	85.00
Kapenta (Dry)	116.50	2	Kg	233.00
Fish (Bream, Dry)	119.00	1	Kg	119.00
Beef	34.33	4	Kg	137.33
Dark Green Vegetables	5.71	4	Kg	22.86
Tomatoes	16.29	4	Kg	65.14
Onion	12.71	2	Kg	25.43
Cooking oil (2.5L)	54.14	3	Litres	64.97
Bread	8.67	1	Loaf/day	260.00
Sugar	26.14	3	x 2 Kg	78.43
Milk	7.29	4	x 500ml	29.14
Tea	82.20	1	Kg	82.20
Eggs	10.00	2	Units	20.00
Salt	8.42	1	Kg	8.42

Subtotal **ZMW 1,430.35**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	140.00	2	x 90 Kg bag(s)	280.00
Soap (Romeo)	8.29	3	Tablet(s)	24.86
Wash soap (BOOM)	9.80	4	x 400g	39.20
Jelly (e.g. Vaseline)	22.60	1	x 500ml	22.60
Electricity (medium density)	292.00	1	x 1month	292.00
Water & Sanitation (med - fixed)	197.00	1	x 1month	197.00
Housing (3 bedroom)	3,000.00	1	x 1month	3,000.00

Subtotal **ZMW 3,855.66**

Total for Basic Needs Basket **ZMW 5,286.01**

(C) SOME OTHER ADDITIONAL COSTS

Totals from previous months	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18	Sept 18	Oct 18	Nov 18	Dec 18	Jan 19	Feb 19	Mar 19	Apr 19	May 19	June 19
Amount (K)	4,957.47	5,229.14	5,385.42	5,574.81	5,433.04	5,369.49	5,247.99	5,256.29	5,402.31	5,356.36	5,317.95	5,324.40	5,424.18	5,395.35	5,331.12	5,543.16	5,433.04	5,457.64	5,286.01

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00
School Uniform (Grades 1-7)	145.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	15.00
Chelston - town	15.00
Matero - Town	12.00

Health

Item	Amount (ZMW)
Registration (book)	4.00
Self-referral (Emergency Fee)	80.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	15.20
Diesel (per litre)	13.43
Paraffin (per litre)	11.34

D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN JUNE

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,286.01	3,189	3,216	3,324	5,376.36	4,827.35	4,240	3,563	3,200	3,931.12	4,648	4,494	3,969	3,935	4,048

This survey was conducted on 27th June, 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The June Basic Needs Basket is approximately US\$407 based upon the exchange rate of K13 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.