

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

June 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	121.20 25 kg bag	2 x 25Kg	242.40
Rice	103.60 5kg	4kg	82.88
(Sweet) Potatoes	10.41 1 Kg	4 Kg	41.62
Beans	28.45 1kg	3kg	85.36
Pounded Groundnut	35.00 1kg	1kg	35.00
Soya Pieces	38.20 1 kg	2kg	76.39
Beef	44.99 1kg	2kg	89.98
Chicken	59.75 2kg	5kg	149.36
Kapenta	250.00 1kg	1kg	250.00
Eggs	14.93 1 unit (10 eggs)	3 Trays (90 eggs)	134.39
Milk (Fresh)	8.40 500 ml	10 liters	167.96
Vegetables	265.21 40 Kg	40kg	265.21
Onion	32.86 1 Kg	4 Kg	131.42
Tomatoes	7.14 1 kg	6 kg	42.85
Banana	11.99 1 Kg	16 Kg	191.84
Other Fruits	24.99 1 kg	14 Kg	349.86
Cooking oil (2.5lts)	85.60 2.5lt	3.6lt	123.26
Salt	8.60 1 Kg	1 Kg	8.60
SubTotal			ZMW 2,468.39

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	121.50 90kg bag(s)	2 90kg bag(s)	243.00
Soap (Lifebuoy/Champion)	9.60 Tablet(s)	3 Tablet(s)	28.79
Wash soap (BOOM)	12.40 400g	4 400g	49.59
Jelly (Vaseline)	24.00 500ml	1 500ml	24.00
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	19.37 Pack of 10	2 Pack of 10	38.75
Toilet Paper (2ply)	6.80 Tissue(s)	6 Tissue(s)	40.79
Lotion (Dawn)	25.80 250ml	1 250ml	25.80
Subtotal			ZMW 3,491.72

Total for Basic Needs and Nutrition Basket

ZMW 5,960.10

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	150.00		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
Malaria test	25.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,060.80	4,057.81	3,924.77	3,960.09	5,815.13	7,273.41	5,116.08	4,436.18	3,921.68	5,270.03	5,509.81	5,960.64	5,348.4847	5,054.65	6,106.22	5,037.03

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th June, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprte. The June Basic Needs Basket is approximately US\$329 based upon the exchange rate Of K18.14. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka