

# JCTR BASIC NEEDS BASKET

**Choma**

**August 2018**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	67.38	2	x 25 Kg	134.75
Beans	21.25	3	Kg	63.75
Kapenta (Dry)	155.13	2	Kg	310.25
Fish (Bream, Dry)	75.50	1	Kg	75.50
Beef	32.15	4	Kg	128.60
Dark Green Vegetables	3.27	4	Kg	13.07
Tomatoes	4.60	4	Kg	18.40
Onion	12.38	2	Kg	24.75
Cooking oil (2.5L)	47.11	3	Litres	56.54
Bread	8.63	1	Loaf/day	258.75
Sugar	26.33	3	x 2 Kg	78.98
Milk	7.28	4	x 500ml	29.10
Tea	158.40	1	Kg	158.40
Eggs	11.25	2	Units	22.50
Salt	5.80	1	Kg	5.80

**Subtotal** **ZMW 1,379.13**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	161.67	2	x 90 Kg bag(s)	323.33
Soap (Lifebuoy/Champion)	9.50	10	Tablet(s)	95.00
Wash soap (BOOM)	8.88	4	x 400g	35.50
Jelly (e.g. Vaseline)	23.25	1	x 500ml	23.25
Electricity (medium density)	478.00	1	x 1month	478.00
Water & Sanitation (med - fixed)	96.00	1	x 1month	96.00
Housing (3 bedroom)	1,500.00	1	x 1month	1,500.00

**Subtotal** **ZMW 2,551.08**

**Total for Basic Needs Basket** **ZMW 3,930.21**

Totals from previous months	Feb 17	Mar 17	Apr 17	May 17	June 17	July 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18
Amount	3,714.90	3,597.98	3,715.83	3,676.25	3,677.26	3,495.46	3,619.96	3,751.21	3,786.76	3,654.36	3,476.39	4,170.31	4,170.31	3,784.81	3,920.93	3,722.83	3,756.14	3,811.68	3,930.21

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00
Grades 8-9 (User + PTA/year)	375.00
Grades 10-12 (User + PTA/year)	1,400.00

### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Kalukungu-Town	14.00
Macha Road-Town	14.00

### *Health*

Item	Amount (ZMW)
Fast Track / High Cost fee	100.00
Mosquito net (private)	60.00
Malaria test	40.00
Consultation Fee	100.00
CD4 Count	77.00

### *Fuel (cost at the pump)*

Item	Amount (ZMW)
Petrol (per litre)	13.97
Diesel (per litre)	11.09
Paraffin (per litre)	7.82

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN AUGUST

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,402	2,991	2,949	3,086	4,908	4,148	3,701	2,986	3,054	3,887	5,159	4,610	4,240	3,930	3,628

This survey was conducted on 27<sup>th</sup> August, 2018 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at spar, macha road, makalanguzu and kalukungu. The August Basic Needs Basket is approximately US\$393 based upon the exchange rate of K10 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.