

JCTR BASIC NEEDS BASKET

Lusaka

April 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	73.65	2	x 25 Kg	147.30
Beans	25.80	3	Kg	77.40
Kapenta (Dry)	182.60	2	Kg	365.20
Fish (Bream, Dry)	148.80	1	Kg	148.80
Beef	36.30	4	Kg	145.20
Dark Green Vegetables	16.20	4	Kg	64.80
Tomatoes	17.00	4	Kg	68.00
Onion	12.40	2	Kg	24.80
Cooking oil (2.5L)	47.28	3	Litres	56.74
Bread	7.66	1	Loaf/day	229.80
Sugar	26.90	3	x 2 Kg	80.70
Milk	6.67	4	x 500ml	26.67
Tea	76.39	1	Kg	76.39
Eggs	10.00	2	Units	20.00
Salt	6.17	1	Kg	6.17

Subtotal **ZMW 1,537.96**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	140.00	2	x 90 Kg bag(s)	280.00
Soap (Romeo)	5.92	10	Tablet(s)	59.17
Wash soap (BOOM)	11.58	4	x 400g	46.33
Jelly (e.g. Vaseline)	20.58	1	x 500ml	20.58
Electricity (medium density)	292.00	1	x 1month	292.00
Water & Sanitation (med - fixed)	197.00	1	x 1month	197.00
Housing (3 bedroom)	3,000.00	1	x 1month	3,000.00

Subtotal **ZMW 3,895.08**

Total for Basic Needs Basket **ZMW 5,433.04**

Totals from previous months	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18	Sept 18	Oct 18	Nov 18	Dec 18	Jan 19	Feb 19	Mar 19	Apr 19
Amount (K)	4,924.54	4,957.47	5,229.14	5,385.42	5,574.81	5,433.04	5,369.49	5,247.99	5,256.29	5,402.31	5,356.36	5,317.95	5,324.40	5,424.18	5,395.35	5,331.12	5,543.16	5,433.04

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00	Chilenje - Town	15.00
Grades 10-12 (User + PTA/year)	975.00	Chelston - town	15.00
School Uniform (Grades 1-7)	145.00	Matero - Town	12.00

Health

item	Amount (ZMW)	Item	Amount (ZMW)
Registration (book)	4.00	Petrol (per litre)	13.70
Self-referral (Emergency Fee)	80.00	Diesel (per litre)	11.40
Mosquito net (private)	75.00	Paraffin (per litre)	8.03

D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN APRIL

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,433	3,261	2,833	3,315	4,967	4,208	3,738	2,828	2,901	3,986	4,429	4,675	4,327	3,921	3,760

This survey was conducted on 27th April, 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The April Basic Needs Basket is approximately US\$431 based upon the exchange rate of K12.6 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc