

JCTR RURAL BASKET: SAKA AREA, MASAITI

October 2007

(A) BASIC FOOD ITEMS FOR AVERAGE SIZE FAMILY OF FIVE IN SAKA AREA

Monthly Food Needs – “Seasonal Ideal”		Average Actual Food Consumed – “Prevailing Situation”		
Item	Quantity	Item	Quantity	Common Means of Access
Maize Grain	70Kg	Maize Grain	44 Kg	Harvest
Cassava Tubers	10 Kg	Rice	2 Kg	Harvest
Eggs	300g	Chicken	4 Kg	Reared
Chicken	4 Kg	Maize Samp	1 Kg	Harvest
Sweet Potatoes	10Kg	Fresh Fish	10Kg	K5,000 per 2Kg
Fresh Fish (Bream)	1 Kg	Kapenta	5 Kg	Caught/ K2,500 per Kg
Dry Fish	2 Kg	Mice	200g	Caught
Beans	5 Kg	Beans	7 Kg	Harvest
Groundnuts	2 Kg	Groundnuts	1Kg	Harvest
Tomatoes	10 Kg	Cassava	16Kg	Harvest
Onions	2 Kg	Tomatoes	14Kg	Harvest
Cassava Leaves	2 Kg	Rape	9Kg	Harvest
Wild Spinach (Bondwe)	3 Kg	Sweet Pot. Leaves	3Kg	Harvest
Rape	4 Kg	Pumpkin Leaves	3Kg	Harvest
Pumpkin Leaves	1 Kg	Garden Eggs	8Kg	Harvest
Mushroom	2 Kg	Cabbage	500g	Harvest
Mango	10Kg	Moringa leaves	200 g	Harvest
Loquat (Masuku)	3Kg	Sugar	1Kg	K5,000
Sugar	2 Kg	Salt	2Kg	K2,000
Salt	1 Kg	Cooking oil	1 litre	K7,000
Cooking oil	2 litres			
Avg. Calories / person / day	2400	Avg. Calories / person / day	1800	

(B) ESSENTIAL NON-FOOD ITEMS

Monthly Non-Food Needs			Average Actual Expenditure on Non-Food Needs		
Item	Quantity	Cost (K)	Item	Quantity	Cost (K)
Paraffin	750 mls x 2	15,000	Paraffin	1 litre	10,000
Matches	5 boxes	1,250	Matches	2 boxes	300
Soap	4 tablets	10,000	Bath Soap – Romeo	2 tablets	5,000
Wash Soap	2 x 400g boom	7,000	Wash Soap – Chik	1 bar	3,000
Vaseline	1 x 500 mls	4,500	Milling	2.5 x 20 kg Meda	5,000
Lotion	1 x 350 mls	3,500			
Milling	4.5 x 20 kg tin	20,250			
Total Cost		K61,500	Average Expenditure		K23,300

(C) ESSENTIAL SERVICES

Service	Cost	Distance	Comment
Water	Time	-	Households draw water from the 1 borehole and surrounding streams
Saka Basic School	Free	Local	Saka Basic is only grades 1 to 7 / The school is drastically understaffed with only 2 MOE teachers and 1 volunteer teacher catering for 500 pupils
Secondary Sch. (8-9 / 10-12)	K60,000-100,000 / K190,000-250,000	30 km	There is no education beyond grade 7 due to lack of teachers / Pupils who qualify to grade 8 must attend boarding school in Luanshya
Lisomona Clinic	Free consultation	5 km	Catchment area of 7,000 people / No qualified medical personnel / CDEs diagnose patients and prescribe drugs / Coartem shortages are common
Ibenga Hospital	Free consultation	20 km	Severe cases are referred to Ibenga Hospital
Transport	K10,000 - K20,000	-	Cost of renting bicycle for 1 day/ Bicycle common transport to Luanshya
Agricultural ext.	-	-	Fertiliser delivery has been delayed
Community Development	-	-	Bridge linking Area to Luanshya not yet constructed. Each rain season the makeshift bridge collapses, leaving pupils cut off from school

(D) MINIMUM ANNUAL FOOD PRODUCTION FOR HOUSEHOLD FOOD SECURITY IN MALAMA

	Maize	Cassava	Beans	Groundnuts
Total Quantity	840 Kg (9.3 x 90 Kg bags)	120 Kg	60 Kg	24 Kg
Cultivation area	1.68 Lima (1.02 Acre)	0.16 Lima (0.1 Acre)		0.08 Lima (0.05 Acre)
Required Inputs	8.4 Kg Seed / 168 Kg Fertiliser	400 x 30 cm Cuttings		1.5 Kg Groundnuts
Total Input Cost		Recycled Seed		Recycled Seed

(E) PREVAILING LIVELIHOODS OF SELECT HOUSEHOLDS IN OCTOBER

	Charcoal Sales	Remittance	Brewing Munkoyo
Input Costs	-	-	
Sales	16 bags @ K6,000	-	
Profit / Wage	K96,000	K100,000	K5,000