

JCTR BASIC NEEDS BASKET: NDOLA

November 2009

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN NDOLA

Commodity	Kwacha	Quantity	Total
Mealie meal (breakfast)	57,800	3 x 25 Kg bags	173,400
Beans	11,800	2 Kgs	23,600
Kapenta (Siavonga)	42,300	2 Kgs	84,600
Dry Fish	43,300	1 Kg	43,300
Meat (mixed cut)	19,500	4 Kgs	78,000
Eggs	7,500	2 Units	15,000
Vegetables (greens)	4,300	7.5 Kgs	32,250
Tomato	4,200	4 Kgs	16,800
Onion	5,800	4 Kgs	23,200
Milk (long-life)	4,500	4 x 500 ml	18,000
Cooking oil (2.5 litre bottle)	26,800	4 litres	42,880
Bread	4,600	1 loaf/day	138,000
Sugar	6,000	8 Kgs	48,000
Salt	2,800	1 Kg	2,800
Tea (Tips)	3,200	4 x 125 g	12,800
Sub-total			K752, 630

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	44,500	2 x 90 Kgs	89,000
Soap (Lifebuoy)	2,300	10 tablets	23,000
Wash soap (Boom)	4,000	4 x 400 g	16,000
Jelly (e.g., Vaseline)	8,400	1 x 500 ml	8,400
Electricity (medium density)	131,000		131,000
Water & Sanitation (med - fixed)	65,184		65,184
Housing (3 bedroom)	600,000		600,000
Sub-total			K932, 584

Total for *Basic Needs Basket*

K1, 685,214

Totals from previous months	Nov 08	Dec 08	Jan 09	Feb 09	Mar 09	Apr 09	May 09	Jun 09	Jul 09	Aug 09	Sep 09	Oct 09
Amount	1,554,714	1,579,804	1,559,274	1,646,054	1,647,464	1,696,564	1,712,954	1,733,304	1,734,094	1,680,264	1,723,614	1,677,404

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Health	
Grades 1-7 (PTA+Project/year)	K50,000	Consultation Fee	K1,000
Grades 8-9 (User+PTA/year)	K380,000	Fast-Track Consultation	K5,000
Grades 10-12 (User+PTA/year)	K550,000	Malaria Slide	K5,000
School Uniform (grades 8-12)	K190,000-K250,000	CD4 Count	K15,000
Transport (bus fare round trip):		Mosquito Net (private)	K30, 000
Ndeke-Town	K4,000	Fuel (cost at the pump)	
Chifubu-Town	K4,000	Petrol (per litre)	K5,721
Masala-Town	K3,000	Diesel (per litre)	K5,381
Twapia-Town	K4,700	Kerosene (per litre)	K3,751

(D) A COMPARISON OF COSTS OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Kitwe	Luanshya	Kabwe	Livingstone	Mongu	Solwezi	Monze
2,254,680	1,424,270	1,962,180	1,407,490	1,527,020	1,849,391	-	2,003,330	1,686,940

This survey was conducted on 29th November 2009 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Masala Market, Twapia Market, Mushili Market, Lubuto Market, Chifubu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kufubu Water and Sewerage Company and schools, clinics and houses around Ndola. The November Basic Needs Basket is approximately US\$361 based upon an average middle exchange rate of 4669 Kwacha per US\$ at the end of November. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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